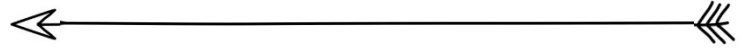


Adventure West



UNIVERSITY
RECREATION

Mountain Biking at Clinton Nature Preserve



April 5 at 5 p.m.

Make the most of your Wednesday by hitting the trails after class! Join West Georgia Outdoors in a quick, but fun mountain biking session at Clinton Nature Preserve – just 30 minutes away from campus. We'll provide the bike, instruction, and guidance on how to shred the trails like a pro! No previous mountain biking experience is required, but we do ask that participants know how to ride a bike prior to this trip. Our van leaves at 5pm!

Price: \$10 (Students) \$15 (Faculty/Staff)

Here's what you need to know:



We'll Meet: April 5 at 5 p.m. at the Outdoor Recreation Center

We'll Be Back: April 5 at 8:30 p.m.

What We'll Provide: Bikes, Helmets, Transportation and Instruction

What You'll Need to Bring: Water bottle, closed-toed shoes, clothes you can get dirty

Can You Handle it?



Intensity:
Easy
anyone can
do it!



Experience:
Intermediate
you must know how
to ride a bike

How to Register:

Depending on your payment method, registration can be done one of two ways:

Online (Credit/Debit Card): To register online, go to myrec.westga.edu and sign in using your UWG credentials. Click on "Trips/Clinics" and find "Mountain Biking". Click on the red Register Now button and you will be prompted through payment.

In Person (Cash or Check): To pay with cash or check, please visit the Outdoor Recreation Center on the second floor of the Campus Center during our open hours. Please note: cash payments must be made with exact change.

Questions?

Contact Grace Andrews

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for more information



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